

TRIANGOLO DEL POETTO 2024

Nuotoclub Cagliari · sabato 22 giugno 2024

Risultati

Pos	N°	Cognome, nome	Società	Licenza	Ss	Anno	Cat	Tempo	Dist.	Ritmo min/km
1	237	LUGAS MATTEO	Esperia asd - Cagliari	678318	M	2006	J	19'23	-	10:12
2	262	RIVANO MIRKO	Acqua Sport ssd - Cagliari	712933	M	2008	R	20'06	+0:43	10:35
3	278	TUVERI ALESSANDRO	Esperia asd - Cagliari	653455	M	2006	J	20'38	+1:15	10:52
4	204	ARGIOLAS NICCOLO'	Esperia asd - Cagliari	860295	M	2007	J	20'41	+1:18	10:53
5	245	MONNIS MAURIZIO	Esperia asd - Cagliari	1044565	M	2010	R	20'47	+1:24	10:56
6	231	IANNUZZELLI ANDREA	Acqua Sport ssd - Cagliari	852760	M	2008	R	21'09	+1:46	11:08
7	248	MULLIRI CRISTIAN	Atlantide ssd - Elmas	802937	M	2008	R	21'09	+1:46	11:08
8	281	ZUCCA VALERIA	All Together Coop.Soc.	628656	F	2006	C	21'17	+1:54	11:12
9	202	AIOLFI SAMUELE	Esperia asd - Cagliari	925164	M	2009	R	21'17	+1:54	11:12
10	272	SERRA GIACOMO	Esperia asd - Cagliari	925312	M	2009	R	21'18	+1:55	11:13
11	224	DEMONTIS CHIARA	Esperia asd - Cagliari	453306	F	2003	S	21'20	+1:57	11:14
12	234	LICCIARDO' ALESSANDRO	Acqua Sport ssd - Cagliari	634962	M	2007	J	21'50	+2:27	11:29
13	233	INGHILLERI LEONARDO	Esperia asd - Cagliari	925173	M	2010	R	21'51	+2:28	11:30
14	210	CAREDDA THOMAS	Acqua Sport ssd - Cagliari	894488	M	2006	J	21'51	+2:28	11:30
15	216	COSSA MATTEO	Acqua Sport ssd - Cagliari	909013	M	2008	R	21'55	+2:32	11:32
16	240	MASCIA MATILDE	Atlantide ssd - Elmas	894581	F	2009	J	21'57	+2:34	11:33
17	201	AIELLO LUIGI	Esperia asd - Cagliari	926389	M	2010	R	21'57	+2:34	11:33
18	222	DEMASI REBECCA	Esperia asd - Cagliari	976008	F	2011	R	22'12	+2:49	11:41
19	220	DE MARTIS LUCA	Atlantide ssd - Elmas	799877	M	2009	R	22'12	+2:49	11:41
20	219	COSSU MARIA DOMENICA	Acqua Sport ssd - Cagliari	844725	F	2009	J	22'13	+2:50	11:41
21	267	SANNA MATTEO	Luna Socio Culturale asd	884088	M	2007	J	22'14	+2:51	11:42
22	276	TORE MICHELE	ssd. Antares - Iglesias	779771	M	2005	C	22'15	+2:52	11:43
23	211	CARIA VERONICA	Acqua Sport ssd - Cagliari	857308	F	2008	J	22'18	+2:55	11:44
24	203	ARESU SERGIO	ssd. Antares - Iglesias	967075	M	2007	J	22'22	+2:59	11:46
25	223	DEMONTIS ALICE	Esperia asd - Cagliari	984460	F	2010	R	22'22	+2:59	11:46
26	217	COSSEDDU RICCARDO	Esperia asd - Cagliari	1127626	M	2010	R	22'23	+3:00	11:47
27	238	MANNU MATILDE	Esperia asd - Cagliari	961504	F	2008	J	22'26	+3:03	11:49
28	247	MUDU VIRGINIA	Esperia asd - Cagliari	990932	F	2010	R	22'26	+3:03	11:49
29	232	IMPAGLIAZZO GINEVRA	Esperia asd - Cagliari	1096159	F	2011	R	22'26	+3:03	11:49
30	212	CARTA MARCO	Pol. Ferrini - Cagliari	918529	M	2008	R	22'46	+3:23	11:59
31	268	SANNINO FRANCESCO	Aquatic team freedom ssd srl	1014274	M	2009	R	22'46	+3:23	11:59
32	225	DEPALMAS GIADA	Sport Full Time - Sassari	951422	F	2009	J	22'47	+3:24	11:59
33	205	ARTIZZU DANIELE	Atlantide ssd - Elmas	968457	M	2009	R	23'08	+3:45	12:11
34	79	ORTU MATTEO	Esperia asd - Cagliari	217471	M	1986	M35	23'08	+3:45	12:11
35	242	MEDDA LETIZIA	Esperia asd - Cagliari	925181	F	2011	R	23'18	+3:55	12:16
36	103	SECCI FEDERICO	Rari Nantes Cagliari asd	223897	M	1990	M30	23'19	+3:56	12:16
37	230	GARAU FEDERICO	Acqua Sport ssd - Cagliari	798454	M	2007	J	23'22	+3:59	12:18
38	265	SABA GIULIA	Acqua Sport ssd - Cagliari	737693	F	2007	C	23'24	+4:01	12:19
39	209	CARDINALE SILVIA	ssd. Antares - Iglesias	956231	F	2008	J	23'29	+4:06	12:22
40	249	MULLIRI FABIO	Atlantide ssd - Elmas	905662	M	2011	EA	23'34	+4:11	12:24
41	239	MARCIA BENEDETTA	Atlantide ssd - Elmas	993386	F	2011	R	23'36	+4:13	12:25
42	273	SORO GABRIELE	Esperia asd - Cagliari	1047744	M	2010	R	23'46	+4:23	12:31
43	246	MONTISCI SARA GIOIA	Acqua Sport ssd - Cagliari	709647	F	2007	C	23'49	+4:26	12:32
44	226	DURANTE YLENIA MARIA	Esperia asd - Cagliari	1033001	F	2010	R	23'49	+4:26	12:32
45	244	MOI MATTEO	Esperia asd - Cagliari	994345	M	2011	EA	23'56	+4:33	12:36
46	251	PERDA MARTINA	ssd. Antares - Iglesias	956228	F	2009	J	23'57	+4:34	12:37
47	277	TOSELLI MORGANA	Atlantide ssd - Elmas	967078	F	2010	R	24'08	+4:45	12:42
48	227	ESCIANA ALICE	Atlantide ssd - Elmas	861542	F	2007	C	24'20	+4:57	12:49
49	206	ATZENI AURORA	Esperia asd - Cagliari	857154	F	2008	J	24'23	+5:00	12:50
50	269	SAOLINI LEONARDO	Acqua Sport ssd - Cagliari	1127605	M	2010	R	24'32	+5:09	12:55
51	257	PIREDDA LAURA FERNANDA	All Together Coop.Soc.	932276	F	2004	S	24'59	+5:36	13:09
52	236	LOBINA NICOLAS	Acqua Sport ssd - Cagliari	930550	M	2008	R	25'20	+5:57	13:20
53	228	FONTANAROSA LORENZO	Pol. Ferrini - Cagliari	918525	M	2008	R	25'23	+6:00	13:22
54	261	RICCIARDI CLARA	Esperia asd - Cagliari	994355	F	2010	R	25'26	+6:03	13:23
55	229	FRENDIA VERONICA	Esperia asd - Cagliari	857151	F	2009	J	25'29	+6:06	13:25
56	254	PINTUS GIULIA	Atlantide ssd - Elmas	970480	F	2012	EA	25'32	+6:09	13:26
57	54	GIORDANO GIACOMO	Luna Socio Culturale asd	1353806	M	1971	M50	25'32	+6:09	13:26
58	50	GALANELLO GIACOMO ANTONIO	Rari Nantes Cagliari asd	218586	M	1985	M35	25'35	+6:12	13:28
59	235	LOBINA MICAELA	Acqua Sport ssd - Cagliari	930549	F	2011	R	25'38	+6:15	13:29
60	252	PILLITTU CARLOTTA	Esperia asd - Cagliari	894470	F	2008	J	25'39	+6:16	13:30
61	113	TOSELLI RICCARDO ANGELO GIOVANNI	Atlantide ssd - Elmas	220673	M	1971	M50	25'39	+6:16	13:30
62	84	PICCIAU MARCO	Esperia asd - Cagliari	547324	M	1979	M45	25'41	+6:18	13:31
63	33	CUCCU MARCO	Rari Nantes Cagliari asd	391471	M	1987	M35	25'42	+6:19	13:32
64	95	REFORGIATO DIEGO ANGELO	Nuoto Club Cagliari	227936	M	1978	M45	25'45	+6:22	13:33
65	66	MASILI MARCO	Atlantide ssd - Elmas	223463	M	1976	M45	25'46	+6:23	13:34
66	271	SECCI DOMENICO	Luna Socio Culturale asd	1211798	M	2009	R	25'48	+6:25	13:35
67	39	DELOGU MATTIA	Atlantide ssd - Elmas	739622	M	1987	M35	25'50	+6:27	13:36
68	207	ATZENI LORENZO	Esperia asd - Cagliari	990438	M	2011	EA	25'52	+6:29	13:37
69	270	SATTA ASIA SILVANA	Atlantide ssd - Elmas	977458	F	2010	R	25'57	+6:34	13:40
70	91	PUDDU FRANCESCO	Nuoto Club Cagliari	222653	M	1975	M45	25'57	+6:34	13:40

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71	111	TODESCO MIRKO	Rari Nantes Cagliari asd	224187	M	1981	M40	25'58	+6:35	13:40
72	114	USAI PIERANDREA	Atlantide ssd - Elmas	624936	M	1995	M25	26'00	+6:37	13:41
73	221	DEIDDA LORENZO	Atlantide ssd - Elmas	976073	M	2012	EA	26'01	+6:38	13:41
74	112	TORRENTE RAFFAELE	Atlantide ssd - Elmas	1186110	M	1997	M25	26'02	+6:39	13:42
75	279	USAI EDOARDO	Atlantide ssd - Elmas	1027497	M	2012	EA	26'10	+6:47	13:46
76	36	DE LISA DANIELE	Rari Nantes Cagliari asd	460743	M	1990	M30	26'12	+6:49	13:47
77	59	LECIS SIMONE	Atlantide ssd - Elmas	1194631	M	1997	M25	26'14	+6:51	13:49
78	6	ARGIOLAS PAOLO	Atlantide ssd - Elmas	745828	M	1966	M55	26'23	+7:00	13:53
79	57	INNOCENTI EMILIANO	Green Hill asd	02/07/2004	M	1965	M55	26'37	+7:14	14:01
80	65	MASCIA RICCARDO	Esperia asd - Cagliari	218482	M	1972	M50	26'45	+7:22	14:05
81	255	PIRAS LORENZO	Atlantide ssd - Elmas	1092274	M	2011	EA	26'47	+7:24	14:06
82	63	MARCIS GIAN LUCA	Rari Nantes Cagliari asd	1112198	M	1983	M40	26'51	+7:28	14:08
83	186	TULUMELLO CLAUDIA	Rari Nantes Cagliari asd	99222	F	1994	M30	26'53	+7:30	14:09
84	35	DE GIORGI CARLO	Nuoto Club Cagliari	223130	M	1954	M70	27'02	+7:39	14:14
85	243	MELONI ANTONIO	Pol. Ferrini - Cagliari	961647	M	2005	C	27'05	+7:42	14:15
86	156	DI STEFANO EMANUELA	Atlantide ssd - Elmas	223138	F	1979	M45	27'09	+7:46	14:17
87	264	RUGGIU FRANCESCO	Esperia asd - Cagliari	1181581	M	2012	EA	27'26	+8:03	14:26
88	263	RUGGERI MARTA	Pol. Ferrini - Cagliari	802886	F	2008	J	27'29	+8:06	14:28
89	274	SOTGIU GIACOMO	Pol. Ferrini - Cagliari	1366450	M	2010	R	27'30	+8:07	14:28
90	117	VITIELLO ANTONIO	Atlantide ssd - Elmas	223088	M	1963	M60	27'34	+8:11	14:31
91	88	PISANO ROBERTO	Atlantide ssd - Elmas	610317	M	1969	M55	27'35	+8:12	14:31
92	73	MONGITTU SERGIO	Acqua Sport ssd - Cagliari	223827	M	1967	M55	27'36	+8:13	14:32
93	85	PILO FRANCESCO	Aquatic team freedom ssd srl	1221088	M	1994	M30	27'39	+8:16	14:33
94	90	PORCU IVANO	Acqua Sport ssd - Cagliari	979782	M	1982	M40	27'41	+8:18	14:34
95	37	DE PASCALIS ALBERTO	Luna Socio Culturale asd	859081	M	1986	M35	27'45	+8:22	14:37
96	47	FLORIS MAURO	Esperia asd - Cagliari	220577	M	1984	M40	27'48	+8:25	14:38
97	58	LAI FEDERICO	Luna Socio Culturale asd	1198358	M	1992	M30	27'49	+8:26	14:38
98	82	PAU EMANUELE	Atlantide ssd - Elmas	672348	M	1966	M55	27'50	+8:27	14:39
99	31	CRIENTI EMANUELE	Esperia asd - Cagliari	481012	M	1983	M40	27'52	+8:29	14:40
100	178	PREGIO CARLOTTA MARIA	Atlantide ssd - Elmas	221135	F	1999	M25	27'57	+8:34	14:43
101	104	SERKA AURELIEN	Acqua Sport ssd - Cagliari	1352109	M	1995	M25	28'02	+8:39	14:45
102	16	CANALIS FRANCESCO	Aquatic team freedom ssd srl	873012	M	1971	M50	28'03	+8:40	14:46
103	119	ZINZULA FABRIZIO	Esperia asd - Cagliari	222636	M	1965	M55	28'05	+8:42	14:47
104	41	DEMONTIS ANTONIO PAOLO	Aquatic team freedom ssd srl	582613	M	1975	M45	28'10	+8:47	14:49
105	83	PERLA FABRIZIO	Rari Nantes Cagliari asd	223095	M	1976	M45	28'19	+8:56	14:54
106	19	CANU FRANCESCO	Swim Sassari ssd	1111612	M	1975	M45	28'26	+9:03	14:58
107	53	GESSA FABIO	Nuoto Club Cagliari	1000118	M	1986	M35	28'40	+9:17	15:05
108	78	ORRU' ALBERTO	Luna Socio Culturale asd	221826	M	1984	M40	28'40	+9:17	15:05
109	60	LODDO GIUSEPPE MICHELE	Luna Socio Culturale asd	218885	M	1955	M65	28'40	+9:17	15:05
110	3	AMBU WALTER	Rari Nantes Cagliari asd	1147751	M	1970	M50	28'46	+9:23	15:08
111	153	CARA CAMILLA	ssd. Antares - Iglesias	421243	F	1999	M25	28'48	+9:25	15:10
112	18	CANGEMI ANDREA	Atlantide ssd - Elmas	682617	M	1974	M50	28'51	+9:28	15:11
113	93	PUTZOLU FRANCESCO	Nuoto Club Cagliari	218999	M	1965	M55	28'55	+9:32	15:13
114	5	ARESU MARCO GIOVANNI	Esperia asd - Cagliari	221777	M	1984	M40	29'03	+9:40	15:17
115	173	PALMAS ISABELLA	Atlantide ssd - Elmas	223270	F	1976	M45	29'21	+9:58	15:27
116	215	CORRIAS MICHELE	Atlantide ssd - Elmas	1027502	M	2012	EA	29'39	+10:16	15:37
117	72	MOI EMANUELE	Promogest Coop - Cagliari	222996	M	1966	M55	29'41	+10:18	15:37
118	13	BORRA SALVATORE	Aquatic team freedom ssd srl	1090863	M	1959	M65	29'47	+10:24	15:41
119	158	FAGGIAN MIRIAM ANNA	Aquatic team freedom ssd srl	1090754	F	1979	M45	29'48	+10:25	15:41
120	200	AIELLO GINEVRA	Esperia asd - Cagliari	987953	F	2012	EA	29'50	+10:27	15:42
121	159	FARCI SAVINA	Rari Nantes Cagliari asd	979780	F	1982	M40	29'50	+10:27	15:42
122	213	CASTELLO AURORA	Atlantide ssd - Elmas	1048698	F	2013	EA	29'55	+10:32	15:45
123	208	BACHETTI LARA AMELIE	Atlantide ssd - Elmas	1209730	F	2013	EA	30'05	+10:42	15:50
124	56	INCANI GIORGIO	Acqua Sport ssd - Cagliari	700700	M	1964	M60	30'29	+11:06	16:02
125	154	CARIA MONICA	Nuoto Club Cagliari	1082561	F	1963	M60	30'33	+11:10	16:05
126	12	BOASSA ROBERTO	Rari Nantes Cagliari asd	606109	M	1964	M60	30'34	+11:11	16:05
127	68	MELONI EMANUELE	Rari Nantes Cagliari asd	218301	M	1969	M55	30'35	+11:12	16:06
128	166	MARCHESI FEDERICA	Acqua Sport ssd - Cagliari	516957	F	1985	M35	30'36	+11:13	16:07
129	185	TOLA SILVIA	Swim Sassari ssd	219334	F	1973	M50	30'40	+11:17	16:08
130	81	PANDINU FRANCESCO	Atlantide ssd - Elmas	669133	M	1982	M40	30'46	+11:23	16:11
131	174	PANI FLORIANA SERENA	Rari Nantes Cagliari asd	1015426	F	1978	M45	30'46	+11:23	16:11
132	74	MURA MARCELLO	All Together Coop.Soc.	807757	M	1966	M55	30'49	+11:26	16:13
133	105	SIMILE ARTURO	Aquatic team freedom ssd srl	1254155	M	1983	M40	30'52	+11:29	16:15
134	34	D'ALBERTO PAOLO	Nuoto Club Cagliari	926446	M	1961	M60	30'55	+11:32	16:16
135	107	SORRENTINO ALESSIO	Esperia asd - Cagliari	218719	M	1985	M35	31'00	+11:37	16:19
136	118	ZANDARA STEFANO	Rari Nantes Cagliari asd	986833	M	1975	M45	31'09	+11:46	16:23
137	89	PODDA MICHELE	Ssd Promosport - Cagliari	912227	M	1995	M25	31'12	+11:49	16:25
138	30	CRESCI PIER GIORGIO	Esperia asd - Cagliari	423294	M	1970	M50	31'20	+11:57	16:29
139	160	FARINA DANIELA	Rari Nantes Cagliari asd	217171	F	1971	M50	31'23	+12:00	16:31
140	44	FERINO GIULIO	Esperia asd - Cagliari	220331	M	1978	M45	31'26	+12:03	16:32
141	28	COIS MAURO	Rari Nantes Cagliari asd	1062353	M	1973	M50	31'31	+12:08	16:35
142	71	MOI DARIO	Rari Nantes Cagliari asd	224185	M	1974	M50	31'36	+12:13	16:38
143	169	MIGLIACCIO MADDALENA	Nuoto Club Cagliari	217468	F	1965	M55	31'37	+12:14	16:38
144	80	PALA MARCO	Esperia asd - Cagliari	217943	M	1988	M35	31'40	+12:17	16:40
145	64	MARONGIU DANILO	Luna Socio Culturale asd	1082617	M	1963	M60	31'41	+12:18	16:41
146	62	MAINAS NICOLA	Promogest Coop - Cagliari	218376	M	1976	M45	31'43	+12:20	16:41

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147	110	TOCCO GIUSEPPE	Atlantide ssd - Elmas	1166814	M	1973	M50	31'46	+12:23	16:43
148	25	CECCARELLI MATTEO	Atlantide ssd - Elmas	612312	M	1969	M55	31'47	+12:24	16:44
149	52	GARAU GIACOMO	Rari Nantes Cagliari asd	1131921	M	1967	M55	31'48	+12:25	16:44
150	163	LECIS STEFANIA	Atlantide ssd - Elmas	702880	F	1972	M50	31'51	+12:28	16:46
151	151	BONANNO VERONICA	Rari Nantes Cagliari asd	1163206	F	1991	M30	31'51	+12:28	16:46
152	97	REY MATIAS	Ssd Promosport - Cagliari	1270409	M	1979	M45	31'58	+12:35	16:49
153	45	FIGUS MARCO	Atlantide ssd - Elmas	997078	M	1971	M50	32'18	+12:55	17:00
154	275	TOCCO MAYA	Atlantide ssd - Elmas	1128849	F	2012	EA	32'31	+13:08	17:07
155	109	STERI MATTEO	Acqua Sport ssd - Cagliari	1001448	M	1979	M45	32'35	+13:12	17:09
156	55	IBBA PAOLO	Esperia asd - Cagliari	1059699	M	1978	M45	32'39	+13:16	17:11
157	164	LOIZEDDA ALESSANDRA	Promogest Coop - Cagliari	217505	F	1966	M55	32'42	+13:19	17:13
158	14	CABONI FABRIZIO	Atlantide ssd - Elmas	421747	M	1978	M45	32'45	+13:22	17:14
159	51	GARAU FRANCESCO	Promogest Coop - Cagliari	954811	M	1954	M70	32'45	+13:22	17:14
160	155	COSTA ANGELA MARIA	Nuoto Club Cagliari	223792	F	1952	M70	32'59	+13:36	17:22
161	21	CAPPAI DIEGO	Atlantide ssd - Elmas	459147	M	1990	M30	33'29	+14:06	17:37
162	69	MEREU MARCELLO PATRIZIO	Nuoto Club Nuoro ssd	219668	M	1955	M65	33'34	+14:11	17:40
163	40	DEMONTIS ALDO	Rari Nantes Cagliari asd	223000	M	1959	M65	33'36	+14:13	17:41
164	1	ABATE GIUSEPPE	Atlantide ssd - Elmas	221855	M	1967	M55	33'42	+14:19	17:44
165	24	CAU BRUNO	Luna Socio Culturale asd	1201442	M	1954	M70	33'45	+14:22	17:46
166	98	RUGGIU VALENTINO	Atlantide ssd - Elmas	114146	M	1964	M60	33'54	+14:31	17:50
167	27	COCCO FRANCESCO GIUSEPPE	Nuoto Club Cagliari	219958	M	1953	M70	34'03	+14:40	17:55
168	161	FERNANDEZ SANCHEZ SONIA	Atlantide ssd - Elmas	1163624	F	1975	M45	34'07	+14:44	17:58
169	171	MUREDDU DANIELA	Atlantide ssd - Elmas	1138651	F	1972	M50	34'18	+14:55	18:03
170	157	DONGU MICHELA	Esperia asd - Cagliari	455382	F	1978	M45	34'22	+14:59	18:05
171	115	VACCA PIER LUIGI	Nuoto Club Cagliari	222505	M	1966	M55	34'25	+15:02	18:07
172	214	COCCO MICHELA	ssd. Antares - Iglesias	967554	F	2009	J	34'31	+15:08	18:10
173	38	DEIANA GIANLUCA	Acqua Sport ssd - Cagliari	917100	M	1973	M50	34'33	+15:10	18:11
174	23	CASTELLO ANDREA	Atlantide ssd - Elmas	1203708	M	1974	M50	34'38	+15:15	18:14
175	75	MURGIA CRISTIAN	Atlantide ssd - Elmas	810655	M	1978	M45	34'59	+15:36	18:25
176	46	FILIGHEDDU GIANLUCA PASQUALE PIERRE	Esperia asd - Cagliari	989937	M	1982	M40	35'04	+15:41	18:28
177	29	CORONA MARCO	All Together Coop.Soc.	981033	M	1982	M40	35'08	+15:45	18:29
178	116	VANOLI MAURO	Acqua Sport ssd - Cagliari	870343	M	1974	M50	35'11	+15:48	18:31
179	253	PILLONI GIORGIO	Atlantide ssd - Elmas	994344	M	2011	EA	35'14	+15:51	18:32
180	49	FURCAS CRISTIAN	Acqua Sport ssd - Cagliari	1001484	M	1974	M50	35'14	+15:51	18:32
181	86	PINTUS ALESSANDRO	All Together Coop.Soc.	1416833	M	1995	M25	35'16	+15:53	18:34
182	180	SABA ELEONORA	Nuoto Club Cagliari	1411102	F	1979	M45	35'18	+15:55	18:35
183	102	SCHIRRU MICHELE	Pol. Ferrini - Cagliari	856943	M	1987	M35	35'21	+15:58	18:37
184	99	SABA EFISIO	Atlantide ssd - Elmas	635335	M	1964	M60	35'24	+16:01	18:38
185	10	BARDI SERLAPO	Rari Nantes Cagliari asd	1295304	M	1970	M50	35'26	+16:03	18:39
186	100	SANNA SALVATORE	Luna Socio Culturale asd	1022189	M	1965	M55	35'34	+16:11	18:43
187	26	CHERI RICCARDO MASSIMILIANO	Acqua Sport ssd - Cagliari	1184908	M	1971	M50	35'37	+16:14	18:45
188	32	CROBU ANDREA	Atlantide ssd - Elmas	1327707	M	1970	M50	35'39	+16:16	18:46
189	22	CAPUT PIERFRANCESCO	Rari Nantes Cagliari asd	1111329	M	1976	M45	35'42	+16:19	18:47
190	108	SOTGIU FABRIZIO	Nuoto Club Cagliari	978047	M	1968	M55	35'42	+16:19	18:47
191	266	SANNA MATILDE	All Together Coop.Soc.	1355841	F	2012	EA	35'52	+16:29	18:53
192	250	NATERI GAIA	Atlantide ssd - Elmas	1092370	F	2013	EA	35'54	+16:31	18:53
193	2	ABIS IGNAZIO	Esperia asd - Cagliari	1139496	M	1973	M50	35'58	+16:35	18:56
194	187	ZUDDAS ALICE	Nuoto Club Cagliari	918070	F	1976	M45	36'13	+16:50	19:04
195	150	BODANO MARIA VALERIA	Rari Nantes Cagliari asd	507394	F	1966	M55	36'19	+16:56	19:07
196	162	GAMBARDELLA FEDERICA	Rari Nantes Cagliari asd	1123429	F	1974	M50	36'19	+16:56	19:07
197	170	MURA SABRINA	Aquatic team freedom ssd srl	869039	F	1968	M55	36'20	+16:57	19:07
198	183	SETTA ANGELA ELISABETTA	Aquatic team freedom ssd srl	1090828	F	1971	M50	36'37	+17:14	19:16
199	172	NUSCIS MICHELA	Nuoto Club Cagliari	645831	F	1991	M30	36'45	+17:22	19:20
200	96	REY LUCAS	Ssd Promosport - Cagliari	1418325	M	1994	M30	37'07	+17:44	19:32
201	260	RAGOZZINO THOMAS	Atlantide ssd - Elmas	1184010	M	2011	EA	37'27	+18:04	19:43
202	256	PIRAS MICHELANGELO	Atlantide ssd - Elmas	994363	M	2011	EA	37'40	+18:17	19:49
203	20	CAOCCI CORRADO	Promogest Coop - Cagliari	1051550	M	1963	M60	37'54	+18:31	19:57
204	4	ANGIONI RAFFAELE	Atlantide ssd - Elmas	1322773	M	1968	M55	38'06	+18:43	20:03
205	61	LOI WILLIAM	Atlantide ssd - Elmas	1139114	M	1973	M50	38'11	+18:48	20:06
206	92	PUSCEDDU MASSIMO	Atlantide ssd - Elmas	219889	M	1972	M50	38'15	+18:52	20:08
207	42	FADDA FABRIZIO	Rari Nantes Cagliari asd	1419740	M	1966	M55	38'23	+19:00	20:12
208	179	RUSSO STEFANIA	Acqua Sport ssd - Cagliari	217491	F	1966	M55	39'16	+19:53	20:40
209	176	PILUDU SILVIA	Rari Nantes Cagliari asd	219150	F	1969	M55	40'13	+20:50	21:10
210	184	STELLINO SIMONA	Luna Socio Culturale asd	961222	F	1980	M40	40'19	+20:56	21:13
211	94	PUZANOV ANDREY	Acqua Sport ssd - Cagliari	1014081	M	1967	M55	40'40	+21:17	21:24
212	181	SALARIS LUISA	Rari Nantes Cagliari asd	1137776	F	1977	M45	40'44	+21:21	21:26
213	152	BONVECCHI MARIELA MARTA	Atlantide ssd - Elmas	1159001	F	1985	M35	41'54	+22:31	22:03
214	106	SITZIA CRISTIAN	Atlantide ssd - Elmas	1322779	M	1968	M55	42'35	+23:12	22:25
215	165	MARCEDDU LUCIA	Oppidum Sport - Cagliari	712695	F	1983	M40	44'10	+24:47	23:15
216	177	PISU FEDERICA	Atlantide ssd - Elmas	1023502	F	1977	M45	44'23	+25:00	23:22
217	9	BALISTRERI SANDRO	Rari Nantes Cagliari asd	1215687	M	1953	M70	44'52	+25:29	23:37
218	77	OPERTI ALESSANDRO	Rari Nantes Cagliari asd	1137773	M	1956	M65	46'36	+27:13	24:32
219	11	BECHERE PAOLO	Nuoto Club Cagliari	585860	M	1966	M55	49'13	+29:50	25:54
220	182	SCIOLA MARINA	All Together Coop.Soc.	814060	F	1952	M70	57'36	+38:13	30:19
221	168	MARSELLA NICOLETTA	Aquatic team freedom ssd srl	1002368	F	1959	M65	1h08'36	+49:13	36:07

Pos	N°	Cognome, nome	Società	Licenza	Ss	Anno	Cat	Tempo	Dist.	Ritmo min/km
Ritirati (2)										
DNF	258	PODDA LUCA	Atlantide ssd - Elmas	1048686	M	2012	EA	Ritirato		
DNF	241	MASTROIACO ALESSIA	Atlantide ssd - Elmas	1102654	F	2011	R	Ritirato		