

Risultati

| Pos | N° | Cognome, nome | Società | Licenza | Cat | Tempo | Dist. | Ritmo min/km |
|-----|-----|----------------------------------|------------------------------|------------|---------|-----------|----------|-----------------|
| 1 | 158 | GUIDI MARCELLO | Rari Nantes Cagliari asd | 224388 | S - M | 1:11:58.2 | - | 10:17 |
| 2 | 154 | DALU FABIO | Esperia asd - Cagliari | 218899 | S - M | 1:12:00.2 | +2.0 | 10:17 |
| 3 | 160 | MARONGIU GIOVANNI | Sport Full Time - Sassari | 763925 | C - M | 1:12:43.2 | +45.0 | 10:23 |
| 4 | 168 | RIVANO MIRKO | Acqua Sport ssd - Cagliari | 712933 | R - M | 1:23:45.2 | +11:47.0 | 11:58 |
| 5 | 40 | ORTU MATTEO | Esperia asd - Cagliari | 217471 | M35 - M | 1:25:32.2 | +13:34.0 | 12:13 |
| 6 | 54 | SONDALI GIAN LUCA | Circolo Canottieri Aniene | 16/08/1977 | M55 - M | 1:25:45.2 | +13:47.0 | 12:15 |
| 7 | 165 | PEZZINO LUDOVICO | Pol.Mimmo Ferrito ssd | 824285 | J - M | 1:27:40.2 | +15:42.0 | 12:31 |
| 8 | 51 | SECCI FEDERICO | Rari Nantes Cagliari asd | 223897 | M30 - M | 1:27:54.2 | +15:56.0 | 12:34 |
| 9 | 171 | SANNINO FRANCESCO | Aquatic team freedom ssd srl | 1014274 | R - M | 1:29:31.2 | +17:33.0 | 12:47 |
| 10 | 170 | SANNA MATTEO | Luna Socio Culturale asd | 884088 | J - M | 1:31:07.2 | +19:09.0 | 13:01 |
| 11 | 17 | FANNI MASSIMO | Rari Nantes Cagliari asd | 530827 | M30 - M | 1:31:07.2 | +19:09.0 | 13:01 |
| 12 | 161 | MASCIA MATILDE | Atlantide ssd - Elmas | 894581 | J - F | 1:31:19.2 | +19:21.0 | 13:03 |
| 13 | 152 | CARTA MARCO | Pol. Ferrini - Cagliari | 918529 | R - M | 1:32:11.2 | +20:13.0 | 13:10 |
| 14 | 103 | DE GIOANNIS CARLA | Rari Nantes Cagliari asd | 223163 | M55 - F | 1:32:29.2 | +20:31.0 | 13:13 |
| 15 | 155 | DEMASI REBECCA | Esperia asd - Cagliari | 976008 | R - F | 1:32:53.2 | +20:55.0 | 13:16 |
| 16 | 153 | COCCO ELENA | Atlantide ssd - Elmas | 221831 | S - F | 1:33:02.2 | +21:04.0 | 13:17 |
| 17 | 43 | PICCIAU MARCO | Esperia asd - Cagliari | 547324 | M45 - M | 1:34:02.2 | +22:04.0 | 13:26 |
| 18 | 37 | NACCARATO LUCA | Rari Nantes Cagliari asd | 218459 | M50 - M | 1:34:09.2 | +22:11.0 | 13:27 |
| 19 | 151 | CARIA VERONICA | Acqua Sport ssd - Cagliari | 857308 | J - F | 1:34:24.2 | +22:26.0 | 13:29 |
| 20 | 156 | FANUNZA CAMILLA | Promogest Coop - Cagliari | 860287 | J - F | 1:34:39.2 | +22:41.0 | 13:31 |
| 21 | 163 | PAU RICCARDO | Luna Socio Culturale asd | 971641 | R - M | 1:34:46.2 | +22:48.0 | 13:32 |
| 22 | 157 | FONTANAROSA LORENZO | Pol. Ferrini - Cagliari | 918525 | R - M | 1:34:50.2 | +22:52.0 | 13:33 |
| 23 | 21 | GRANATA STEFANO | Esperia asd - Cagliari | 663462 | M40 - M | 1:35:12.2 | +23:14.0 | 13:36 |
| 24 | 10 | CUCCU MARCO | Rari Nantes Cagliari asd | 391471 | M35 - M | 1:35:30.2 | +23:32.0 | 13:38 |
| 25 | 167 | PUZANOV ANASTASIA | Acqua Sport ssd - Cagliari | 909011 | R - F | 1:36:21.2 | +24:23.0 | 13:46 |
| 26 | 58 | TOSELLI RICCARDO ANGELO GIOVANNI | Atlantide ssd - Elmas | 220673 | M50 - M | 1:36:21.2 | +24:23.0 | 13:46 |
| 27 | 3 | ARGIOLAS PAOLO | Atlantide ssd - Elmas | 745828 | M55 - M | 1:36:25.2 | +24:27.0 | 13:46 |
| 28 | 164 | PERDA MARTINA | ssd. Antares - Iglesias | 956228 | J - F | 1:36:32.2 | +24:34.0 | 13:47 |
| 29 | 20 | GIORDANO GIACOMO | Luna Socio Culturale asd | 1353806 | M50 - M | 1:36:34.2 | +24:36.0 | 13:48 |
| 30 | 24 | LECIS SIMONE | Atlantide ssd - Elmas | 1194631 | M25 - M | 1:36:48.2 | +24:50.0 | 13:50 |
| 31 | 116 | TULUMELLO CLAUDIA | Rari Nantes Cagliari asd | 99222 | M30 - F | 1:37:00.2 | +25:02.0 | 13:52 |
| 32 | 162 | MELIS DIEGO | Atlantide ssd - Elmas | 908831 | R - M | 1:37:46.2 | +25:48.0 | 13:58 |
| 33 | 159 | MARCIA BENEDETTA | Atlantide ssd - Elmas | 993386 | R - F | 1:40:10.2 | +28:12.0 | 14:19 |
| 34 | 57 | TORRENTE RAFFAELE | Atlantide ssd - Elmas | 1186110 | M25 - M | 1:40:15.2 | +28:17.0 | 14:19 |
| 35 | 172 | TOSELLI MORGANA | Atlantide ssd - Elmas | 967078 | R - F | 1:40:25.2 | +28:27.0 | 14:21 |
| 36 | 166 | PITZALIS GIULIA | Promogest Coop - Cagliari | 857162 | J - F | 1:40:28.2 | +28:30.0 | 14:21 |
| 37 | 12 | DE GIORGI CARLO | Nuoto Club Cagliari | 223130 | M70 - M | 1:41:00.2 | +29:02.0 | 14:26 |
| 38 | 48 | SALIS ALESSANDRO | Swim Sassari ssd | 347668 | M50 - M | 1:41:01.2 | +29:03.0 | 14:26 |
| 39 | 15 | DISTEFANO STEFANO | Nuoto Venezia ssd | 282762 | M50 - M | 1:41:02.2 | +29:04.0 | 14:26 |
| 40 | 62 | VITIELLO ANTONIO | Atlantide ssd - Elmas | 223088 | M60 - M | 1:41:03.2 | +29:05.0 | 14:26 |
| 41 | 27 | LOSTIA DI SANTA SOFIA ROBERTO | Atlantide ssd - Elmas | 931730 | M50 - M | 1:41:08.2 | +29:10.0 | 14:27 |
| 42 | 14 | DELOGU MATTIA | Atlantide ssd - Elmas | 739622 | M35 - M | 1:41:33.2 | +29:35.0 | 14:31 |
| 43 | 35 | MONGITTU SERGIO | Acqua Sport ssd - Cagliari | 223827 | M55 - M | 1:42:25.2 | +30:27.0 | 14:38 |
| 44 | 42 | PAU EMANUELE | Atlantide ssd - Elmas | 672348 | M55 - M | 1:44:02.2 | +32:04.0 | 14:52 |
| 45 | 25 | LODDO GIUSEPPE MICHELE | Luna Socio Culturale asd | 218885 | M65 - M | 1:47:51.2 | +35:53.0 | 15:25 |
| 46 | 16 | DOTTA GIANMARCO | Oppidum Sport - Cagliari | 814085 | M60 - M | 1:48:12.2 | +36:14.0 | 15:28 |
| 47 | 23 | LAI FEDERICO | Luna Socio Culturale asd | 1198358 | M30 - M | 1:48:32.2 | +36:34.0 | 15:30 |
| 48 | 104 | DI STEFANO EMANUELA | Atlantide ssd - Elmas | 223138 | M45 - F | 1:49:29.2 | +37:31.0 | 15:38 |
| 49 | 63 | ZINZULA FABRIZIO | Esperia asd - Cagliari | 222636 | M55 - M | 1:51:12.2 | +39:14.0 | 15:53 |
| 50 | 34 | MOI EMANUELE | Promogest Coop - Cagliari | 222996 | M55 - M | 1:51:19.2 | +39:21.0 | 15:54 |
| 51 | 111 | OLLA PAOLA | Nuoto Club Cagliari | 223006 | M50 - F | 1:51:19.2 | +39:21.0 | 15:54 |
| 52 | 5 | BOASSA ROBERTO | Rari Nantes Cagliari asd | 606109 | M60 - M | 1:51:33.2 | +39:35.0 | 15:56 |
| 53 | 46 | PUDDU FRANCESCO | Nuoto Club Cagliari | 222653 | M45 - M | 1:52:35.2 | +40:37.0 | 16:05 |
| 54 | 106 | FAGGIAN MIRIAM ANNA | Aquatic team freedom ssd srl | 1090754 | M45 - F | 1:56:59.2 | +45:01.0 | 16:43 |
| 55 | 13 | DE SANTIS ALBERTO | Atlantide ssd - Elmas | 222843 | M45 - M | 1:57:48.2 | +45:50.0 | 16:50 |
| 56 | 41 | PANDINU FRANCESCO | Atlantide ssd - Elmas | 669133 | M40 - M | 1:58:21.2 | +46:23.0 | 16:55 |
| 57 | 108 | LAUWERS CAROL NELLY GIANNA | Olbia Nuoto asd | 1157208 | M30 - F | 1:58:22.2 | +46:24.0 | 16:55 |
| 58 | 45 | PISA' ALBERTO | Promogest Coop - Cagliari | 221086 | M55 - M | 1:58:41.2 | +46:43.0 | 16:57 |
| 59 | 50 | SCHETTINO GENNARO | Promogest Coop - Cagliari | 219164 | M45 - M | 1:58:45.2 | +46:47.0 | 16:58 |
| 60 | 19 | GESSA FABIO | Nuoto Club Cagliari | 1000118 | M35 - M | 1:59:06.2 | +47:08.0 | 17:01 |
| 61 | 11 | D'ALBERTO PAOLO | Nuoto Club Cagliari | 926446 | M60 - M | 2:01:05.2 | +49:07.0 | 17:18 |
| 62 | 8 | CECCARELLI MATTEO | Atlantide ssd - Elmas | 612312 | M55 - M | 2:02:32.2 | +50:34.0 | 17:30 |

| Pos | N° | Cognome, nome | Società | Licenza | Cat | Tempo | Dist. | Ritmo min/km |
|-----|-----|----------------------------------|---------------------------|------------|---------|-----------|------------|-----------------|
| 63 | 109 | LECIS STEFANIA | Atlantide ssd - Elmas | 702880 | M50 - F | 2:05:03.2 | +53:05.0 | 17:52 |
| 64 | 22 | IBBA PAOLO | Esperia asd - Cagliari | 1059699 | M45 - M | 2:05:11.2 | +53:13.0 | 17:53 |
| 65 | 112 | PETTINAU LIDIA | Promogest Coop - Cagliari | 221123 | M50 - F | 2:05:16.2 | +53:18.0 | 17:54 |
| 66 | 114 | RUGGERI FRANCESCA | Promogest Coop - Cagliari | 221887 | M30 - F | 2:05:42.2 | +53:44.0 | 17:58 |
| 67 | 60 | URZI' EMANUELE ORAZIO FERDINANDO | Nautilus ssd | 714179 | M35 - M | 2:08:02.2 | +56:04.0 | 18:17 |
| 68 | 49 | SANNA SALVATORE | Luna Socio Culturale asd | 1022189 | M55 - M | 2:08:08.2 | +56:10.0 | 18:18 |
| 69 | 6 | CAMPUS GIORGIO | Esperia asd - Cagliari | 567457 | M50 - M | 2:08:12.2 | +56:14.0 | 18:19 |
| 70 | 102 | COVA MICAELA | All Together ssd | 1322524 | M45 - F | 2:13:28.2 | +1:01:30.0 | 19:04 |
| 71 | 36 | MONTESANTI GIUSEPPE | Prosport Acqua ssd | 396732 | M45 - M | 2:13:41.2 | +1:01:43.0 | 19:06 |
| 72 | 18 | GARAU FRANCESCO | Promogest Coop - Cagliari | 954811 | M70 - M | 2:14:50.2 | +1:02:52.0 | 19:16 |
| 73 | 1 | ABATE GIUSEPPE | Atlantide ssd - Elmas | 221855 | M55 - M | 2:14:50.2 | +1:02:52.0 | 19:16 |
| 74 | 113 | PUTZOLU MONICA | Circolo Canottieri Aniene | 14/12/1982 | M45 - F | 2:14:55.2 | +1:02:57.0 | 19:16 |
| 75 | 7 | CANGEMI ANDREA | Atlantide ssd - Elmas | 682617 | M50 - M | 2:15:37.2 | +1:03:39.0 | 19:22 |
| 76 | 56 | STAICO GIUSEPPE | Olbia Nuoto asd | 221072 | M60 - M | 2:15:58.2 | +1:04:00.0 | 19:25 |
| 77 | 31 | MASNATA CARLO | Promogest Coop - Cagliari | 218896 | M60 - M | 2:18:10.2 | +1:06:12.0 | 19:44 |
| 78 | 38 | NORFO IGNAZIO | Atlantide ssd - Elmas | 594578 | M50 - M | 2:21:08.2 | +1:09:10.0 | 20:10 |
| 79 | 107 | FERNANDEZ SANCHEZ SONIA | Atlantide ssd - Elmas | 1163624 | M45 - F | 2:23:30.2 | +1:11:32.0 | 20:30 |
| 80 | 110 | MUREDDU DANIELA | Atlantide ssd - Elmas | 1138651 | M50 - F | 2:24:16.2 | +1:12:18.0 | 20:37 |
| 81 | 47 | RUGGIU VALENTINO | Atlantide ssd - Elmas | 114146 | M60 - M | 2:30:52.2 | +1:18:54.0 | 21:33 |
| 82 | 26 | LOI GIOVANNI | Promogest Coop - Cagliari | 222497 | M55 - M | 2:32:13.2 | +1:20:15.0 | 21:45 |
| 83 | 32 | MASSA GIAMPAOLO | Promogest Coop - Cagliari | 218053 | M65 - M | 2:34:34.2 | +1:22:36.0 | 22:05 |
| 84 | 101 | BELELLI CLAUDIA | Frog Swimming Lib.Cagliar | 797720 | M55 - F | 2:35:29.2 | +1:23:31.0 | 22:13 |
| 85 | 53 | SOLINAS GIACOMO | Frog Swimming Lib.Cagliar | 810657 | M55 - M | 2:35:29.2 | +1:23:31.0 | 22:13 |
| 86 | 105 | FADDA MARIA LAURA | Nuoto Club Cagliari | 678363 | M50 - F | 2:37:24.2 | +1:25:26.0 | 22:29 |
| 87 | 2 | ANGIONI RAFFAELE | Atlantide ssd - Elmas | 1322773 | M55 - M | 2:46:34.3 | +1:34:36.1 | 23:48 |
| 88 | 52 | SITZIA CRISTIAN | Atlantide ssd - Elmas | 1322779 | M55 - M | 2:50:34.3 | +1:38:36.1 | 24:22 |
| 89 | 4 | BECHERE PAOLO | Nuoto Club Cagliari | 585860 | M55 - M | 2:55:17.2 | +1:43:19.0 | 25:02 |

Ritirati (1)

| | | | | | | |
|------------|-----------|-------------------|---------------------|--------|---------|----------|
| DNF | 29 | MAMUSA ALESSANDRO | Nuoto Club Cagliari | 458011 | M60 - M | Ritirato |
|------------|-----------|-------------------|---------------------|--------|---------|----------|

Non partiti (12)

| | | | | |
|------------|------------------|----------------------------|---------|---------|
| 9 | CRIENTI EMANUELE | Esperia asd - Cagliari | 481012 | M40 - M |
| 28 | MAINAS NICOLA | Promogest Coop - Cagliari | 218376 | M45 - M |
| 30 | MARRAS DANIELE | Esperia asd - Cagliari | 530755 | M50 - M |
| 33 | MOI DARIO | Rari Nantes Cagliari asd | 224185 | M50 - M |
| 39 | ORRU' ALBERTO | Luna Socio Culturale asd | 221826 | M40 - M |
| 44 | PIRAS VALTER | Frog Swimming Lib.Cagliar | 1036451 | M60 - M |
| 55 | SOTGIU FABRIZIO | Nuoto Club Cagliari | 978047 | M55 - M |
| 59 | URGU CARLO | Esperia asd - Cagliari | 721776 | M45 - M |
| 61 | VARONE FABIO | Olbia Nuoto asd | 630373 | M45 - M |
| 115 | SABA ELEONORA | Nuoto Club Cagliari | 1411102 | M45 - F |
| 117 | VALDES FRANCESCA | Frog Swimming Lib.Cagliar | 1012953 | M45 - F |
| 169 | SABA GIULIA | Acqua Sport ssd - Cagliari | 737693 | C - F |

Giudice arbitro: Maria Assunta Mostallino

DSC: Ahmed Kasraoui
FICr Cagliari

