

## Risultati

Pos	N°	Cognome, nome	Società	Licenza	Ss	Anno	Cat	Tempo	Ritmo min/km
1	156	MARONGIU GIOVANNI	Sport Full Time - Sassari	763925	M	2005	C	47:56.0	11:59
2	59	ORTU MATTEO	Esperia asd - Cagliari	217471	M	1986	M35	50:36.0	12:39
3	163	SANNINO FRANCESCO	Aquatic team freedom ssd srl	1014274	M	2009	R	51:01.0	12:45
4	162	SANNA MATTEO	Luna Socio Culturale asd	884088	M	2007	J	51:19.0	12:50
5	153	CARTA MARCO	Pol. Ferrini - Cagliari	918529	M	2008	R	51:30.0	12:53
6	81	SASSOLI ALBERTO	Genova Nuoto My Sport ssd	101544	M	1973	M50	51:52.0	12:58
7	28	FANNI MASSIMO	Rari Nantes Cagliari asd	530827	M	1993	M30	52:38.0	13:10
8	151	CAMPUS MICHELA	Sport Full Time - Sassari	951408	F	2008	J	52:40.0	13:10
9	161	PODDA LUCA	Luna Socio Culturale asd	913270	M	2009	R	52:42.0	13:11
10	158	PELLEGRINI PIETRO	Luna Socio Culturale asd	852762	M	2009	R	52:42.0	13:11
11	157	PAU RICCARDO	Luna Socio Culturale asd	971641	M	2010	R	53:12.0	13:18
12	154	DEPALMAS GIADA	Sport Full Time - Sassari	951422	F	2009	J	53:21.0	13:20
13	7	BUSETTO MASSIMO	Rari Nantes Cagliari asd	218240	M	1965	M55	53:22.0	13:20
14	20	CUCCU MARCO	Rari Nantes Cagliari asd	391471	M	1987	M35	53:22.2	13:20
15	116	DE GIOANNIS CARLA	Rari Nantes Cagliari asd	223163	F	1966	M55	53:26.0	13:22
16	29	GALANELLO GIACOMO ANTONIO	Rari Nantes Cagliari asd	218586	M	1985	M35	53:27.0	13:22
17	44	MARCIS GIAN LUCA	Rari Nantes Cagliari asd	1112198	M	1983	M40	53:32.0	13:23
18	4	ARGIOLAS PAOLO	Atlantide ssd - Elmas	745828	M	1966	M55	53:41.0	13:25
19	64	PICCIAU MARCO	Esperia asd - Cagliari	547324	M	1979	M45	54:00.0	13:30
20	34	GRANATA STEFANO	Esperia asd - Cagliari	663462	M	1981	M40	54:10.0	13:32
21	26	DETTORI STEFANO	Swim Sassari ssd	1023704	M	1990	M30	54:12.0	13:33
22	159	PERDA MARTINA	ssd. Antares - Iglesias	956228	F	2009	J	54:15.0	13:34
23	47	MASILI MARCO	Atlantide ssd - Elmas	223463	M	1976	M45	54:16.0	13:34
24	78	REFORGIATO DIEGO ANGELO	Nuoto Club Cagliari	227936	M	1978	M45	54:23.0	13:36
25	155	FONTANAROSA LORENZO	Pol. Ferrini - Cagliari	918525	M	2008	R	54:34.0	13:38
26	97	URGU CARLO	Esperia asd - Cagliari	721776	M	1977	M45	54:56.0	13:44
27	39	LECIS SIMONE	Atlantide ssd - Elmas	1194631	M	1997	M25	54:58.0	13:44
28	82	SCANU GIUSEPPE GIOVANNI	Swim Sassari ssd	224274	M	1969	M55	56:30.0	14:07
29	96	TOSELLI RICCARDO ANGELO GIOVANNI	Atlantide ssd - Elmas	220673	M	1971	M50	56:31.0	14:08
30	33	GIORDANO GIACOMO	Luna Socio Culturale asd	1353806	M	1971	M50	56:35.0	14:09
31	95	TORRENTE RAFFAELE	Atlantide ssd - Elmas	1186110	M	1997	M25	57:39.0	14:25
32	94	TODESCO MIRKO	Rari Nantes Cagliari asd	224187	M	1981	M40	57:55.0	14:29
33	164	SOTGIU GIACOMO	Pol. Ferrini - Cagliari	1366450	M	2010	R	57:58.0	14:29
34	100	VITIELLO ANTONIO	Atlantide ssd - Elmas	223088	M	1963	M60	58:19.0	14:35
35	165	TOSELLI MORGANA	Atlantide ssd - Elmas	967078	F	2010	R	58:56.0	14:44
36	73	PUDDU FRANCESCO	Nuoto Club Cagliari	222653	M	1975	M45	58:57.0	14:44
37	74	PUDDU GIUSEPPE	Oppidum Sport - Cagliari	219587	M	1971	M50	59:04.0	14:46
38	38	LAI FEDERICO	Luna Socio Culturale asd	1198358	M	1992	M30	59:05.0	14:46
39	51	MEONI LEONARDO	Pol. Amatori Prato asd	243534	M	1971	M50	59:06.0	14:47
40	69	PISANO ROBERTO	Atlantide ssd - Elmas	610317	M	1969	M55	59:07.0	14:47
41	23	DELOGU MATTIA	Atlantide ssd - Elmas	739622	M	1987	M35	59:21.0	14:50
42	142	VANNUCCHI SOPHIE	Swim Sassari ssd	221285	F	1969	M55	59:38.0	14:55
43	54	MONGITTU SERGIO	Acqua Sport ssd - Cagliari	223827	M	1967	M55	59:39.0	14:55
44	141	TOTI ISABELLA	Pol. Amatori Prato asd	500814	F	1966	M55	59:42.0	14:55
45	135	PREGIO CARLOTTA MARIA	Atlantide ssd - Elmas	221135	F	1999	M25	59:57.0	14:59
46	19	CRIENTI EMANUELE	Esperia asd - Cagliari	481012	M	1983	M40	1:00:00.0	15:00
47	36	IMPAGLIAZZO LUCA	Esperia asd - Cagliari	548346	M	1972	M50	1:00:01.0	15:00
48	37	INCANI GIORGIO	Acqua Sport ssd - Cagliari	700700	M	1964	M60	1:00:10.0	15:02
49	68	PISANO FEDERICO	Rari Nantes Cagliari asd	1137775	M	1967	M55	1:01:58.0	15:29
50	10	CANALIS FRANCESCO	Aquatic team freedom ssd srl	873012	M	1971	M50	1:02:05.0	15:31
51	58	ORRU' ALBERTO	Luna Socio Culturale asd	221826	M	1984	M40	1:02:40.0	15:40
52	91	TATTI MAURIZIO	Pol. Ferrini - Cagliari	936606	M	1973	M50	1:02:45.0	15:41
53	102	ZINZULA FABRIZIO	Esperia asd - Cagliari	222636	M	1965	M55	1:03:09.0	15:47
54	63	PERLA FABRIZIO	Rari Nantes Cagliari asd	223095	M	1976	M45	1:03:10.0	15:47
55	40	LODDO GIUSEPPE MICHELE	Luna Socio Culturale asd	218885	M	1955	M65	1:03:23.0	15:51
56	6	BOASSA ROBERTO	Rari Nantes Cagliari asd	606109	M	1964	M60	1:03:36.0	15:54
57	139	SECCI FRANCESCA	Pol. Ferrini - Cagliari	404194	F	1990	M30	1:03:52.0	15:58
58	65	PILO FRANCESCO	Aquatic team freedom ssd srl	1221088	M	1994	M30	1:04:11.0	16:03
59	72	PORCU IVANO	Acqua Sport ssd - Cagliari	979782	M	1982	M40	1:04:14.0	16:04
60	125	LOI VERONICA	Rari Nantes Cagliari asd	220600	F	1980	M40	1:04:27.0	16:07
61	118	FAGGIAN MIRIAM ANNA	Aquatic team freedom ssd srl	1090754	F	1979	M45	1:05:09.0	16:17
62	55	MURA MARCELLO	All Together ssd	807757	M	1966	M55	1:05:16.0	16:19

Pos	N°	Cognome, nome	Società	Licenza	Ss	Anno	Cat	Tempo	Ritmo min/km
63	83	SCHETTINO GENNARO	Promogest Coop - Cagliari	219164	M	1976	M45	1:05:24.0	16:21
64	61	PANDINU FRANCESCO	Atlantide ssd - Elmas	669133	M	1982	M40	1:05:27.0	16:22
65	12	CANU FRANCESCO	Swim Sassari ssd	1111612	M	1975	M45	1:05:37.0	16:24
66	53	MOI EMANUELE	Promogest Coop - Cagliari	222996	M	1966	M55	1:05:37.0	16:24
67	130	PALMAS ISABELLA	Atlantide ssd - Elmas	223270	F	1976	M45	1:05:54.0	16:29
68	67	PISA' ALBERTO	Promogest Coop - Cagliari	221086	M	1969	M55	1:05:59.0	16:30
69	32	GESSA FABIO	Nuoto Club Cagliari	1000118	M	1986	M35	1:06:04.0	16:31
70	41	LUTZONI SALVATORE	Aquatic team freedom ssd srl	1144989	M	1973	M50	1:06:16.0	16:34
71	71	PODDA MICHELE	Ssd Promosport - Cagliari	912227	M	1995	M25	1:06:52.0	16:43
72	101	ZANDARA STEFANO	Rari Nantes Cagliari asd	986833	M	1975	M45	1:06:58.0	16:44
73	21	D'ALBERTO PAOLO	Nuoto Club Cagliari	926446	M	1961	M60	1:07:02.0	16:46
74	85	SIMILE ARTURO	Aquatic team freedom ssd srl	1254155	M	1983	M40	1:07:03.0	16:46
75	79	ROSCIONI GERMANO	Atlantide ssd - Elmas	129068	M	1978	M45	1:07:07.0	16:47
76	140	TOLA SILVIA	Swim Sassari ssd	219334	F	1973	M50	1:07:19.0	16:50
77	45	MARONGIU DANILO	Luna Socio Culturale asd	1082617	M	1963	M60	1:07:41.0	16:55
78	90	STEFANI MAURO	Oppidum Sport - Cagliari	1221911	M	1967	M55	1:07:54.0	16:59
79	128	MURA GIULIA	Esperia asd - Cagliari	949596	F	1993	M30	1:07:56.0	16:59
80	5	BIONDA FABRIZIO	Swim Sassari ssd	1143654	M	1970	M50	1:07:56.0	16:59
81	18	CRESCI PIER GIORGIO	Esperia asd - Cagliari	423294	M	1970	M50	1:08:10.0	17:02
82	133	PETTINAU LIDIA	Promogest Coop - Cagliari	221123	F	1974	M50	1:08:13.0	17:03
83	131	PANI FLORIANA SERENA	Rari Nantes Cagliari asd	1015426	F	1978	M45	1:08:19.0	17:05
84	50	MELONI EMANUELE	Rari Nantes Cagliari asd	218301	M	1969	M55	1:08:22.0	17:05
85	136	RUGGERI FRANCESCA	Promogest Coop - Cagliari	221887	F	1991	M30	1:08:29.0	17:07
86	17	CONTU SEBASTIANO	Atlantide ssd - Elmas	572090	M	1976	M45	1:08:36.0	17:09
87	42	MAINAS NICOLA	Promogest Coop - Cagliari	218376	M	1976	M45	1:08:47.0	17:12
88	31	GARAU GIACOMO	Rari Nantes Cagliari asd	1131921	M	1967	M55	1:08:57.0	17:14
89	35	IBBA PAOLO	Esperia asd - Cagliari	1059699	M	1978	M45	1:09:22.0	17:20
90	11	CANGEMI ANDREA	Atlantide ssd - Elmas	682617	M	1974	M50	1:09:31.0	17:23
91	123	LAUWERS CAROL NELLY GIANNA	Olbia Nuoto asd	1157208	F	1994	M30	1:09:41.0	17:25
92	60	PALA MARCO	Esperia asd - Cagliari	217943	M	1988	M35	1:10:48.0	17:42
93	99	VACCA PIER LUIGI	Nuoto Club Cagliari	222505	M	1966	M55	1:10:54.0	17:44
94	15	CECCARELLI MATTEO	Atlantide ssd - Elmas	612312	M	1969	M55	1:10:59.0	17:45
95	132	PERRETTI RENATA MARIA	Peppe Lamberti N.C. asd	810474	F	1966	M55	1:11:28.0	17:52
96	124	LECIS STEFANIA	Atlantide ssd - Elmas	702880	F	1972	M50	1:11:28.2	17:52
97	52	METTA MARCO	Pol. Ferrini - Cagliari	996231	M	1962	M60	1:12:02.0	18:01
98	48	MASNATA CARLO	Promogest Coop - Cagliari	218896	M	1961	M60	1:12:43.0	18:11
99	98	USALA PAOLO	Atlantide ssd - Elmas	218041	M	1970	M50	1:13:10.0	18:17
100	13	CANU LUCIANO	All Together ssd	221844	M	1962	M60	1:13:24.0	18:21
101	114	COVA MICAELA	All Together ssd	1322524	F	1978	M45	1:13:33.0	18:23
102	70	PISTIS BRUNO	All Together ssd	512589	M	1958	M65	1:13:41.0	18:25
103	8	CABONI FABRIZIO	Atlantide ssd - Elmas	421747	M	1978	M45	1:13:47.0	18:27
104	89	STAICO GIUSEPPE	Olbia Nuoto asd	221072	M	1961	M60	1:14:23.0	18:36
105	56	MURGIA CRISTIAN	Atlantide ssd - Elmas	810655	M	1978	M45	1:14:29.0	18:37
106	16	CHERI RICCARDO MASSIMILIANO	Acqua Sport ssd - Cagliari	1184908	M	1971	M50	1:14:44.0	18:41
107	30	GARAU FRANCESCO	Promogest Coop - Cagliari	954811	M	1954	M70	1:14:44.0	18:41
108	80	SANNA SALVATORE	Luna Socio Culturale asd	1022189	M	1965	M55	1:15:09.0	18:47
109	14	CAU BRUNO	Luna Socio Culturale asd	1201442	M	1954	M70	1:16:12.0	19:03
110	143	ZUDDAS ALICE	Nuoto Club Cagliari	918070	F	1976	M45	1:16:15.0	19:04
111	93	TOCCO GIUSEPPE	Atlantide ssd - Elmas	1166814	M	1973	M50	1:17:23.0	19:21
112	43	MARCHI SANDRO	All Together ssd	729171	M	1972	M50	1:18:12.0	19:33
113	24	DELRIO MARCO	Aquatic team freedom ssd srl	1091029	M	1974	M50	1:18:25.0	19:36
114	49	MASTINU RENATO FRANCESCO	Luna Socio Culturale asd	745147	M	1961	M60	1:18:34.0	19:38
115	119	FERNANDEZ SANCHEZ SONIA	Atlantide ssd - Elmas	1163624	F	1975	M45	1:18:40.0	19:40
116	88	SOTGIU FABRIZIO	Nuoto Club Cagliari	978047	M	1968	M55	1:18:48.0	19:42
117	129	MUREDDU DANIELA	Atlantide ssd - Elmas	1138651	F	1972	M50	1:19:29.0	19:52
118	113	COSTA ANGELA MARIA	Nuoto Club Cagliari	223792	F	1952	M70	1:19:38.0	19:55
119	111	BIANCHI BARISSETTI ELISABETTA	Luna Socio Culturale asd	312437	F	1988	M35	1:19:58.0	19:59
120	137	SABA ELEONORA	Nuoto Club Cagliari	1411102	F	1979	M45	1:20:55.0	20:14
121	77	RASPA MARIANO	Atlantide ssd - Elmas	1020190	M	1963	M60	1:22:11.0	20:33
122	87	SOLINAS GIACOMO	Frog Swimming Lib.Cagliar	810657	M	1966	M55	1:22:27.0	20:37
123	117	FADDA MARIA LAURA	Nuoto Club Cagliari	678363	F	1971	M50	1:23:23.0	20:51
124	121	LAURENZO MICHELA	Nuoto Club Cagliari	524355	F	1985	M35	1:23:25.0	20:51
125	120	GAMBARDELLA FEDERICA	Rari Nantes Cagliari asd	1123429	F	1974	M50	1:23:45.0	20:56
126	112	BODANO MARIA VALERIA	Rari Nantes Cagliari asd	507394	F	1966	M55	1:23:47.0	20:57
127	3	ANGIONI RAFFAELE	Atlantide ssd - Elmas	1322773	M	1968	M55	1:25:28.0	21:22
128	66	PIRAS VALTER	Frog Swimming Lib.Cagliar	1036451	M	1961	M60	1:26:31.0	21:38
129	122	LAUWERS ANN KARIN MARINA	Swim Sassari ssd	223740	F	1965	M55	1:28:47.0	22:12

Pos	N°	Cognome, nome	Società	Licenza	Ss	Anno	Cat	Tempo	Ritmo min/km
<b>130</b>	<b>134</b>	PILUDU SILVIA	Rari Nantes Cagliari asd	219150	F	1969	M55	1:30:16.0	22:34
<b>131</b>	<b>22</b>	DEIANA SERGIO	Esperia asd - Cagliari	1418654	M	1969	M55	1:31:04.0	22:46
<b>132</b>	<b>92</b>	TESTA GIOVANNI	Esperia asd - Cagliari	221728	M	1953	M70	1:31:36.0	22:54
<b>133</b>	<b>115</b>	CROVETTI ALESSANDRA	Gonzaga Sport Club ssd	714178	F	1965	M55	1:31:48.0	22:57
<b>134</b>	<b>76</b>	PUZANOV ANDREY	Acqua Sport ssd - Cagliari	1014081	M	1967	M55	1:32:48.0	23:12
<b>135</b>	<b>86</b>	SITZIA CRISTIAN	Atlantide ssd - Elmas	1322779	M	1968	M55	1:39:47.0	24:57
<b>136</b>	<b>127</b>	MELONI ELENA	Rari Nantes Cagliari asd	1136215	F	1982	M40	1:41:32.0	25:23
<b>137</b>	<b>126</b>	MARSELLA NICOLETTA	Aquatic team freedom ssd srl	1002368	F	1959	M65	1:52:10.0	28:02
<b>138</b>	<b>138</b>	SCIOLA MARINA	All Together ssd	814060	F	1952	M70	1:57:10.0	29:17
<b>Ritirati (2)</b>									
<b>DNF</b>	<b>160</b>	PIREDDA LAURA FERNANDA	All Together ssd	932276	F	2004	S	Ritirato	
<b>DNF</b>	<b>152</b>	CARDINALE SILVIA	ssd. Antares - Iglesias	956231	F	2008	J	Ritirato	
<b>Squalificato (2)</b>									
<b>DSQ</b>	<b>2</b>	AMBU WALTER	Rari Nantes Cagliari asd	1147751	M	1970	M50	Squalificato	
<b>DSQ</b>	<b>62</b>	PAU EMANUELE	Atlantide ssd - Elmas	672348	M	1966	M55	Squalificato	